

JULY 2018

MEADOW WOOD FARMS NEWSLETTER

www.mwfpoa.com



A MONTHLY PUBLICATION OF
M.W.F.P.O.A. , P.O. BOX 77-1896—OCALA, FL 34477

HOMIE OF ★ THE FREE BECAUSE OF ★ THE BRAVE

Upcoming Events

Next Board Meeting

July 12, 2018

Next Assoc. Meeting

July 19, 2018

Agenda: TBD

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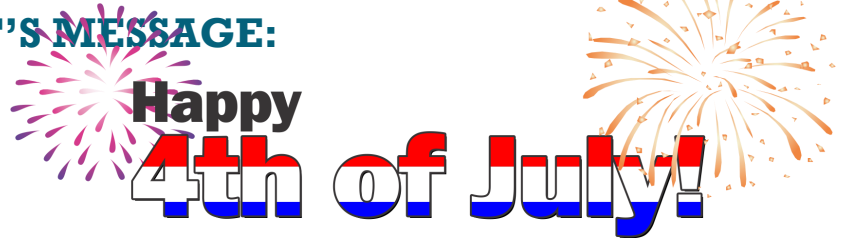
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ASSOCIATION INFORMATION

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PRESIDENT'S MESSAGE:



With the 4th of July just around the corner, summer is

definitely here. It's been plenty hot, rainy and humid so far and we still have a few more months of this. Welcome to a typical Florida summer. It is also the time to keep an extra eye on our two (bird lovers) and four legged friends. Our horses need cool, fresh water available and a place to get out of the sun and rain. Our dogs and cats need the same and we need to remember never to leave them in the car, even for a minute. I am always amazed to see owners walking their dogs on hot pavement. Try taking your shoes off first and walk on the pavement. If it's too hot for your two feet, think how it is with their four. And finally, remember the sensitive ears of our pets. Fire crackers and gunshots are truly frightening. Please be considerate of all our neighbors in our animal friendly community.

Happy 4th, everyone. Be safe.

Leslie Pope-Hall President MWFPOA



Officers of MWFPOA & Standing Committees

President	Leslie Pope-Hall	352-861-3292	Control	Chair: Elaine Hager, Zach Zachary, Tom Corrow	857-4825
	BLCTIE@AOL.com				
Vice-President	Heidi Boynton	253 347-3573	Directory	Chair: Elizabeth Waller	304-8871
	Heidi.boynton@staples.com		Membership	Chair: Linda Lemisch	267 218-2448
Secretary	Karen Reade	622-2030	Newsletter	Chair: Dorothy Henry MWFPOAnewsletter@gmail.com Jodie Gebhard	
	at20146@earthlink.net				
Treasurer	Lisa Yanes	291-0509	Parties	Chair: Connie Story Sandy Mollberg, Dave Kane	369-0809 861-9622 509-7754
	stokey@cfl.rr.com				
Beautification	Chair: Vacant		Recycling	Chair: Rachael & Lillian Workman	
MINUTES ARE POSTED ON THE WEBSITE AFTER THE BOARD MEETINGS AND THE GENERAL MEMBERSHIP MEETINGS			Refreshments	Chair: OPEN Janice & Art Eide	861-8883
	www.mwfpoa.com		Sunshine	Chair: Jennie Adams	854-1914
			Welcome	Chair: Vacant	

Directory Information

Update Info to Directory:

The 2017-2018 Meadow Wood Farms Telephone Directory will be available at upcoming Association meetings, or you can contact Elizabeth Waller, Elizabeth@slowturningfarm.com 352 304-8871 to find out how to get one. One copy free to members. Non-members can purchase a copy for \$5 and members can purchase additional copies for \$2 each.

New Owners in MWF

John & Jennifer Cannata 5 Lakeside DR

Thank you to our generous members who contribute delicious goodies to our meetings making them more festive and social.



Membership & Newsletter

The newsletter is ALSO available in color on the website. www.mwfpoa.com

The current membership year runs from June to the end of May the next year. Please renew your membership ASAP. Your membership supports the monthly Newsletter along with a multitude of events and improvements to our community. We need all of you to participate in keeping Meadow Wood Farms the wonderful place to live that we enjoy. Finally, don't forget that as a member you have a voice and a vote and are encouraged to participate in all aspects of the Association.

Need to check if you've paid? Contact Karen Reade at 622-2030 or email, at20146@earthlink.net You can have the good feeling that comes from being an involved and contributing member of your community.

The NEWSLETTER will be delivered to everyone in MWF who requested it. Mailing tubes have been attached to your mailbox stand in order to make these deliveries legal in the eyes of the USPS. If you're not getting one and/or need a tube, contact Karen Reade at [352-622-2030](tel:352-622-2030) or email at at20146@earthlink.net . Please include your contact phone number or email.

****NOTICE: Residents who summer outside of Meadow Wood Farms please advise Karen Reade to update your subscription from home delivery to the mailing list.****

THANK YOU NEWSLETTER DELIVERY PEOPLE!

A volunteer group of your neighbors delivers your newsletter every month . This saves the association considerable mailing expense and ensures that you get your newsletter in a timely manner.

Sunshine Report

Family of Jim Kell.	Sympathy
Family of Jackie Geoghegan	Sympathy
Elizabeth Waller	Sympathy
Allison Carnell	Feel better soon
Jim Joiner	Get Well

If you are aware of someone who could benefit from receiving a card, whether due to illness or other reason, please notify: Jennie Adams 854-1914



Recycle Your Aluminum Cans

A Portion to Benefit MWFP OA Treasury

Thank you Rachael and Lillian Workman!

Dave Wagner has graciously offered to help the Workmans with the aluminum can recycling at the park.

The recycle point for your aluminum cans is at the front entrance to the Friendship Park on Lake View Drive East. Barrels are provided for that purpose. Cans that are rinsed, tab tops removed and crushed are our favorites. Tab tops may go to any charity you know or bring them to meetings to go to Shands Juvenile Kidney foundation.

ALUMINUM CANS ONLY PLEASE!



Come to the Meeting and Win \$25

The 'It Pays to Come to Meetings' jackpot is up to \$25.00. A drawing will be held at the next MWFP OA Meeting for \$25.00 adding \$25 each meeting until a name of a present resident is drawn. **It REALLY pays to come to the meetings.**

Hurricane Safety Checklists

The most important thing you can do as hurricane season approaches is to get yourself, your family and your home prepared.

By starting early, you'll avoid the rush at home supply stores, grocery stores and other venues typically crowded and often chaotic when hurricane watches and warnings are issued.

You should stock six basics for your home: water, food, first aid supplies, clothing and bedding, tools and emergency supplies, and special items. Keep the items you would most likely need during an evacuation in an easy-to carry container—suggested items are marked with an asterisk (*). Possible containers include a large, covered trash container, a camping backpack, or a duffle bag.

Make your preparations easier by downloading the checklists included with each category and use them as you shop and store your supplies.

Food and Water

Water

- Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount. Children, nursing mothers, and ill people will need more.
- Store one gallon of water per person per day.
- Keep at least a three-day supply of water per person (two quarts for drinking, two quarts for each person in your household for food preparation/sanitation).*

FOOD

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking, and little or no water. If you must heat food, pack a can of sterno. Select food items that are compact and lightweight. Include a selection of the following foods in your Disaster Supplies Kit:

Continued on next page....

LINE DANCING — Sandy Mollberg

LINE DANCING WILL BE ON HIATTIS TILL FURTHUR NOTICE!!!

Line dancing is performed by a number of people all facing in the same direction and moving in lines. Partners are not needed to enjoy this style of dance.



Regular Line Dancing is Offered Mondays at 7PM Frenship Park.

Everyone is Invited to Join in on the FUN! We review all dances first, so beginners are welcome.

Hurricane Checklist cont,

- Ready-to-eat canned meats, fruits, and vegetables
- Canned juices
- Staples (salt, sugar, pepper, spices, etc.)
- High energy foods
- Vitamins
- Food for infants
- Comfort/stress foods

First Aid and Non-Prescription Drugs

First Aid Kit

Assemble a first aid kit for your home and one for each car.

- (20) adhesive bandages, various sizes.
- (1) 5" x 9" sterile dressing.
- (1) conforming roller gauze bandage.
- (2) triangular bandages.
- (2) 3 x 3 sterile gauze pads.
- (2) 4 x 4 sterile gauze pads.
- (1) roll 3" cohesive bandage.
- (2) germicidal hand wipes or waterless alcohol-based hand sanitizer.
- (6) antiseptic wipes.
- (2) pair large medical grade non-latex gloves.
- Adhesive tape, 2" width.
- Anti-bacterial ointment.
- Cold pack.
- Scissors (small, personal).
- Tweezers.
- CPR breathing barrier, such as a face shield.

Non-Prescription Drugs

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid (for stomach upset)
- Laxative
- Activated charcoal (use if advised by the [American Association of Poison Control Centers](#))

Tools and Supplies

- Mess kits, or paper cups, plates, and plastic utensils*
- Emergency preparedness manual*
- Battery-operated radio and extra batteries*
- Flashlight and extra batteries*

continued on next page.....

Do you know of a Meadow Wood Farms neighbor in need? The Meadow Wood Farms Angels is a group of anonymous volunteers who are ready to help with those small, one-time projects that our neighbors cannot do by themselves by reason of age, illness, disability, or lack of funds.

To submit a request for assistance, email: MWFangels@gmail.com or call Elizabeth Waller. The Angels will contact you and obtain additional information in order to evaluate the request.



- Cash or traveler's checks, change*
- Non-electric can opener, utility knife*
- Fire extinguisher: small canister ABC type
- Tube tent
- Pliers
- Tape
- Compass
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare
- Paper, pencil
- Needles, thread
- Medicine dropper
- Shut-off wrench, to turn off household gas and water
- Whistle
- Plastic sheeting
- Map of the area (for locating shelters)

Sanitation, Clothing and Bedding

Sanitation

- toilet paper, towelettes*
- Soap, liquid detergent*
- Feminine supplies*
- Personal hygiene items*
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

Clothing and Bedding

*Include at least one complete change of clothing and footwear per person.

- Sturdy shoes or work boots*
- Rain gear*
- Blankets or sleeping bags*
- Hat and gloves
- Thermal underwear
- Sunglasses



For Pets

In the interest of protecting pets, the Humane Society of the United States offers these tips for inclusion in your family disaster plan:

- Do not leave your pets behind.
- Securely fasten a current identification tag to your pet's collar and carry a photograph of your pet. It's important to include the phone number of a friend or family member on the tag so anyone who may find your pet is able to reach someone who knows you.

Continued on page 10, Hurricane checklist

13 Carry Back Road, Ocala FL 34482 MLS#537019



Meadow Wood Farms 2.0 Acres

\$274,900.

Lovely, just completely renovated mini-farm in sought after Meadow Wood Farms. New roof, new interior and exterior paint. Recently seeded pastures, barn upgraded with new water and electric service. New fencing. Split bedroom plan: Master bedroom has fireplace, large walk-in closet, and huge master bathroom. Large dining/great room with large wood burning fireplace. The house also has a beautiful den/library with built-in bookcases, a feature wall of stained barn board and is entered through sliding barn doors. Upgraded kitchen cabinets. A must see.

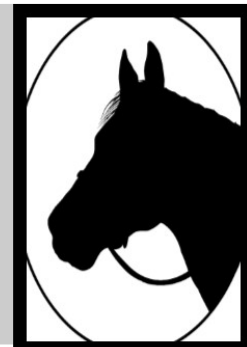
Desiree Barbazon Realty

Mike Hajjar – Direct: 352-299-0171

Realtor

Office: 352-401-0099 Fax: 352-401-0082

E Mail: mghajjar33@gmail.com



ADVERTISEMENTS

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Support Your Local Merchants. They're Supporting Us.

Our Newsletter is distributed to Meadow Wood Farms Residents both in Paper Format & Online!



Deirdre (Della) Johnson
 Licensed Realtor
 Office: 352-726-2628
 Cellular: 321-363-2020
 della@parsleyrealestate.com
 www.parsleyrealestate.com
 Hernando 4635 N. Carol G. Rose Hwy.
 Ocala 3860 SW 6th Pl., #201





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PET SITTER

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 mail, water plants, etc.





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 Years of horse & vet tech experience.
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I come to your house.
 Less stress for your pets!

PEGASUS REALTY & ASSOCIATES INC



Dorothy Henry
 Realtor®
 (352) 817-7494
 Fax (352) 629-0296
 DOROTHYH2008@yahoo.com
 OCALARANCHES.COM
 5685 West Highway 40
 Ocala, Florida 34482


Dorothy Henry

YOU COULD HAVE YOUR AD HERE!

Member rates:

- Business Card - \$10/month-\$50/6 month rate
- 1/4 Page - \$20/month-\$100/6month rate
- 1/2 page - \$45/month-\$150/6 month rate
- Full page - \$70/month-\$350/6 month rate



Dorothy Henry

352 817-7494

Pegasus Realty & Assoc. Inc.
5685 W Hwy 40, Ocala, FL 34482



MWF WELL BUILT CUSTOM CBS HOME BUILT IN 2000 ON QUIET STREET 3700 TOTAL SQ FT. EXCELLENT PASTURE WITH PLENTY OF COVER SHEDS, 4 STALL BARN, & POOL. 3 BR, 2 BATH SPLIT PLAN. WOOD/GAS FP. ALL ON 6.7 ACRES. POSSIBLE 5 ADDITIONAL ACRES ALL IN PASTURE.

ARE YOU INTERESTED IN SELLING.....I have a few people wanting to live in MWF!
MAYBE YOU HAVE FRIENDS OR FAMILY THAT WOULD LIKE TO OWN A HOME IN
MWF

- Have a pain that doesn't go away?
- Tried of taking pills for pain?
- Does you hurt when you work?
- Do you feel pain all the time?
- Have an old injury that flares up?
- We're you prescribed physical therapy by your doctor and still have pain after weeks of therapy?



Hi Neighbors, if you answered **YES** any of these questions then ***I'm the massage therapist you want to hire.*** With 22 years of hands on experience working with professional athletes, weekend warriors, auto injuries, slip and falls or if your just stressed out there's nothing I haven't treated.

Call me today
954-249-9423

Maria Meunier, advanced licensed massage therapist
MA#21585

\$80 per hour or save \$\$ and buy a package

- 3 sessions \$200 save \$40**
- 4 sessions \$250 save \$70**
- 5 sessions \$300 save \$100**

Continued from pg 6, Hurricane checklist

- Transport pets in secure pet carriers and keep pets on leashes or harnesses.
- Call hotels in a safe/host location and ask if you can bring your pets. Ask the manager if a no-pet policy can be lifted during the disaster. Most emergency shelters do not admit pets.
- Call friends, family members, veterinarians or boarding kennels in a safe/host location to arrange foster care if you and your pets cannot stay together.
- Pack a week's supply of food, water and other provisions, such as medication or cat litter.
- Do not wait until the last minute to evacuate. Rescue officials may not allow you to take your pets if you need to be rescued.
- Keep a list of emergency phone numbers (veterinarian, local animal control, animal shelters, Red Cross, etc.).

Possessions and Document

- Keep these records in a waterproof, portable container:
 - Will, insurance policies, contracts, deeds, stocks and bonds
 - Passports, social security cards, immunization records
 - Bank account numbers
 - Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)
- Store your kit in a convenient place known to all family members. Keep a smaller version of the supplies kit in the trunk of your car.
- Keep items in airtight plastic bags. Change your stored water supply every six months so it stays fresh. Replace your stored food every six months. Re-think your kit and family needs at least once a year. Replace batteries, update clothes, etc.
- Ask your physician or pharmacist about storing prescription medications.

Source/Reference: [American Red Cross](#)

Sandy & Allison hope to have the first of a 4 part series starting next month here in the MEET YOUR NEIGHBOR Section!

Happy July 4th



We have a plethora of interesting and creative people among us . We thought you would like to meet them or get to know them better. Likewise if you have someone you think we should feature, let us know at mwfpoanewsletter@gmail.com



Membership Form & Information to Access Our Website, etc.

Please send or email items to be published to:
Dorothy Henry
email: mwfpoanewsletter@gmail.com

Send payment for ads to
Lisa Yanes
MWFPOA, P.O. Box 771896, Ocala, FL 34477

Annual membership dues for the MWFPOA are June through May. If you aren't a member, we would love for you to join us. The MWFPOA provides all kinds of services for your neighborhood (including this newsletter). Please use the form below to accompany your check. **Need to check if you've paid?** Contact Karen Reade at 622-2030 or email her at, at20146@earthlink.net

To Join The Meadow Wood Farms Email Blasts and Conversation, go to Meadowwoodfarms1@aol.com and ask the site master to add your email address. Please respect the rules...no politics, or religion or any attachments or offensive material. This site is offered by a private member of the association. It is an extremely useful tool and we are grateful to that person.

MEADOW WOOD FARMS WEBSITES:
www.mwfpoa.com
From main page, click on **Neighbor to Neighbor**- Neighbor to Neighbor Directory
From main page, click on **Newsletter** - and then the month.—Newsletters

Please Join

MEADOW WOOD FARMS PROPERTY OWNERS ASSOCIATION, INC.

Please send your check for \$55.00 (Annual Dues Effective June 01, 2018) with this form to :
Meadow Wood Farms Property Assoc., Inc., P.O. Box [771896](#), Ocala FL [34477](#)

Also, please print & fill out the below information:

Name (s): _____

Address: _____

Email: _____

Phone: _____

YES NO Put my/our information in the directory.

YES NO I want my/our Newsletter delivered to my/our address. Otherwise it is always posted on the website, which saves the Association printing and mailing costs.

A directory is distributed to MWFPOA members at no charge. It may be purchased by non-members for \$5.00. Additional copies for members = \$2.00.

mwfpoa.com

*Photos always look
better in our online
edition.*

MEADOW WOOD FARMS
PROPERTY OWNERS ASSOC.
P.O. BOX 77-1896
OCALA, FL 34477-1896



Organize the grime and turn your garage into a place of serenity and calm.

Keep your garage floors free from oil stains with this inexpensive idea: fill an old cookie sheet with cat litter and slide it under your car. When the litter is saturated, dispose of it properly. Call your local solid water management agency for disposal instructions in your area. Unless otherwise instructed, place in trash.

A good way to keep your garage organized is to utilize a hanging, plastic shoe holder. Simply place garden tools, sports equipment, cleaning supplies and other items in each shoe pocket.

If you have a stain on your driveway, dilute outdoor bleach to the correct strength, put on your rubber gloves and start scrubbing. The formula is specially designed for outdoor use.