



**A MONTHLY PUBLICATION OF MWFPOA , PO Box 77-1896—OCALA, FL 34477**

**LOOKING TO EXPLORE THIS SUMMER?**

**Marjorie Harris Carr Cross Florida Greenway**

The Cross Florida Greenway is unique in many ways. Occupying more than 70,000 acres of land formerly known as the Cross Florida Barge Canal, the Greenway is a 110-mile linear park that is more than a mile wide in places. It hosts more than 300 miles of trails of all types — paddling, hiking, mountain biking, equestrian and paved multi-use. It spans Central Florida from the Gulf of Mexico to the St. Johns River near Palatka.

The Greenway is also a wildlife corridor and the first in Florida to have a “land bridge” across a major interstate that both trail users and wildlife utilize. Black bears use the Greenway as a major corridor, especially on the eastern end near the Ocala National Forest. The Greenway protects unspoiled segments of the Ocklawaha River and it offers campgrounds, too. All this and more are part of the Cross Florida Greenway experience!

***Facts:***

Open: 8am until sun down; 365 days per year. Fee: None

Location: 8282 S.E. Highway 314, Ocala, FL 34470 Phone #: 352-236-7143

***Local Trailheads:***

1. Shangri-La Trailhead & Campgroup - 12788 S.W. 69<sup>th</sup> Court, Ocala, FL 34476  
Hiking, Biking, horseback riding
2. Landbridge Trailhead - 11100 S.W. 16<sup>th</sup> Ave, Ocala, FL 34476  
Equine, hiking, and natural surface bike trails
3. Santos Trailhead & Campground - 3080 S.E. 80<sup>th</sup> St, Ocala, FL 34470
  - 80 miles single track diverse biking trails
  - Extensive equestrian trail network, with 60 miles of horse trails
  - Hiking Trails
4. Baseline Road Trailhead - 4255 S.E. 58<sup>th</sup> St, Ocala, FL 34480
5. Dunnellon Trail (Historical Railroad Trail) - 1239 W. Witchlacoochee Trail, Dunnellon, FL 34434  
Walking, Jogging, Inline Skating, Bicycling
6. Ross Prairie Trailhead & Campground - 10660 S.W. Hwy 200, Dunnellon, FL 34431

**Upcoming Meetings**  
*(subject to change)*

**Board Meeting**  
**July 12, 2022**

**General Association**  
**July 19, 2022**

General Association meetings will be held at Friendship Park under the Pavilion.

Minutes are posted on the website after all Board and Association meetings:  
[www.mwfpoa.com](http://www.mwfpoa.com)

**Inside this issue:**

President’s Message	2
Association Info	3
Activities	5
Advertisements	6
Out & About	7

## Looking Forward - Still

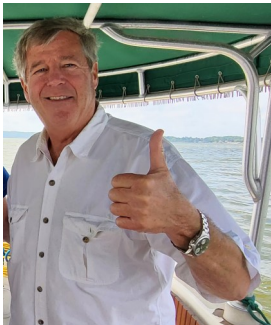
Hey y'all. I don't really talk that way, but it seemed appropriate for a summer message in Florida. Here we are at the beginning of July. The summer is hot and steamy and yet things are still happening around MWF. We've just had Dee Collier presenting *History Comes Alive* in Friendship Park and I have to say, it was a treat to be there. We've had our first Board meeting and are getting organized to hit the ground running.

Instead of our formal Association meeting in July, our plan is to schedule a food truck in the park. If you've never experienced one of these, you are in for another treat brought to you by your Activities Committee. Basically, the food truck provides some very interesting fare for typically very reasonable prices. You just need to show up, bring some cash for the food and your beverage of choice and enjoy what is essentially a community picnic/meet and greet. What could be more fun? What could be an easier way to do dinner? Details are elsewhere in this newsletter, so make sure to put it on your calendar and give it a try.

As we move through the summer and toward the fall, your MWF Property Owners Association hopes to have more events and opportunities to *associate*. You could live anywhere, but you don't. You live in Meadow Wood Farms, arguably one of the best communities in Florida. Just ask the people who have moved here from south Florida, the Northeast, Canada, the Midwest, and the Left Coast. What makes MWF so great? It's the people. My recommendation to all for this year is to meet as many folks here in MWF as you can. You will not be disappointed.

Our goal as a Board is to offer as many chances as possible to do just that. It's going to be a fun year folks. We hope you're willing to come along. Thanks for reading.

I'll see you around the neighborhood -- Jim Bain



## Officers of WFPOA

<b>President</b>	Jim Bain	352-615-2572	<a href="mailto:jbain2@cfl.rr.com">jbain2@cfl.rr.com</a>
<b>Vice-President</b>	Mark Cooper	904-350-0253	<a href="mailto:kandmcooper@comcast.net">kandmcooper@comcast.net</a>
<b>Secretary</b>	Gena DeCamella	727-808-8918	<a href="mailto:genad66@yahoo.com">genad66@yahoo.com</a>
<b>Treasurer</b>	Karen Reade	352-622-2030	<a href="mailto:springlilacs@yahoo.com">springlilacs@yahoo.com</a>

## Committees

<b>Activities</b>	Kim Cooper Carol English	kandmcooper@comcast.net caenglish55@gmail.com
<b>Maintenance</b>	Chair: Ian Reade	352-622-2030
<b>Beautification</b>	Chair: Chris Banks	706-889-8310
<b>Control</b>	Chair: Dale Kennedy Robert Zachary, Judy Perez	352-291-1799
<b>Directory</b>	Chair: Carolyn Camp	352-304-8506
<b>Membership</b>	AVAILABLE	
<b>Newsletter</b>	Gena DeCamella Dorothy Henry	<a href="mailto:MWFPOAnewsletter@gmail.com">MWFPOAnewsletter@gmail.com</a> <a href="mailto:dhorsinaround@yahoo.com">dhorsinaround@yahoo.com</a>
<b>Sunshine</b>	Chair: Jennie Adams	352-854-1914
<b>Welcome</b>	Michele Shuler	<a href="mailto:mmicheleshuler@gmail.com">mmicheleshuler@gmail.com</a>
<b>Refreshments</b>	Holly Roberts	<a href="mailto:hbrlifestyle@gmail.com">hbrlifestyle@gmail.com</a>

## Calendar of Activities — July 2022

- ◆ Independence Day - Monday July 4th All Day
- ◆ **Board Meeting** - Tuesday July 12th Friendship Park 4pm
- ◆ **Association Get together** - July 19th Friendship Park 6pm \*\*
- ◆ **Equine Club Meeting** - Will resume in September

**Line Dancing** - ON HOLD



\*\*The Association Get Together will have our first ever Food Truck with *Items available for Purchase*. Look for the menu items in your email coming soon. Bring your beverage of choice, and celebrate this wonderful neighborhood together.

## LINE DANCING!

We would like to thank Sandy Mollberg for leading this program for more than 15 YEARS! MWF is so grateful for all you've done! She is stepping down and so MWF is looking for someone to take the "reins". If you are interested in continuing this program, please contact Kim at [kandmcooper@comcast.net](mailto:kandmcooper@comcast.net) or Carol at [caenglish55@gmail.com](mailto:caenglish55@gmail.com)

### Meadow Wood Farms Communications

Website: [www.mwfpoa.com](http://www.mwfpoa.com)

The newsletter is available in **color** on our website:

- ◆ From the main page, click on **Newsletter**, and then select the month.

eMail

To join the Meadow Wood Farms email blasts and conversation, send a note to [Meadowwoodfarms1@aol.com](mailto:Meadowwoodfarms1@aol.com) and ask the site master to add your email address. Please respect the rules... no politics, or religion, or any attachments or offensive material. You MUST also include your full name. This service is offered by a private member of the association. It is extremely useful, and we are grateful to them.

Facebook

Ask to join our private groups on Facebook:

- ◆ **Meadow Wood Farms**
- ◆ **Meadow Wood Farms Equestrian Club**
- ◆ **Meadow Wood Farms Garden Exchange**

### Neighborhood Sunshine

If you are aware of someone who could benefit from receiving a card, please notify Jennie Adams at 352-854-1914.



Do you know of a Meadow Wood Farms neighbor in need? The Meadow Wood Farms Angels is a group of anonymous volunteers who are ready to help with those small, one-time projects that our neighbors cannot do by themselves by reason of age, illness, disability, or lack of funds.

To submit a request for assistance, email: [MWFangels@gmail.com](mailto:MWFangels@gmail.com) or call Jim Bain (352) 615-2572. The Angels will contact you and obtain additional information in order to evaluate the request.



## 1838's Eight Things a Lady Equestrian Simply Should Not Do

1. Do not ride the wrong-colored horse. Of all colours presented by the horse, none is so rich, and, at the same time, so elegant and chaste, as a bright bay, providing the mane, tail and lower parts of the legs, be black. But much white, either on the face or legs, whatever be the general hue, is quite the reverse of desirable.
2. Be easy, but not slovenly (in the saddle). Nothing can be more detrimental to the grace of a lady's appearance on horseback, than a bad position, it is a sight that would spoil the finest landscape in the world. She ought to be correct, without seeming stiff or formal: and easy, without appearing slovenly.
3. Do not let your hair embarrass you. And definitely don't wear a bonnet. The hair should be plaited; or, if otherwise dressed, so arranged and secured that it may not be blown into the rider's eyes, nor, from exercise, or the effect of humid weather, be liable to be so discomposed, as to become embarrassing. To ride in a bonnet is far from judicious."
4. Do not beat your horse – it is ungraceful. Ladies certainly ought not to ride horses which require extraordinary correction...a lady should never be seen in the act of positively flogging her steed: such a sight would destroy every previous idea that had been formed of her grace and gentleness.
5. Always ride with a man to shield you if your petticoats start to show! The only inducements for a gentleman to ride on the left of a lady, would be, that, by having his right hand toward her, in case of her needing assistance, he might, the more readily and efficiently, be enabled to afford it, than if he were on the opposite side; and, should any disarrangement occur in the skirt of her habit, he might screen it until remedied.
6. No lady of taste ever gallops on the road. Just say no.
7. Do not harass your horse. The lady, in all cases, should recollect that her horse requires occasional haltings and relaxation...it is always better, if the pupil err in this respect, to do so on the side of brevity, than, by making her lessons too long, to harass her horse.
8. Though most of all – do not ride a horse who is anything less than perfect.

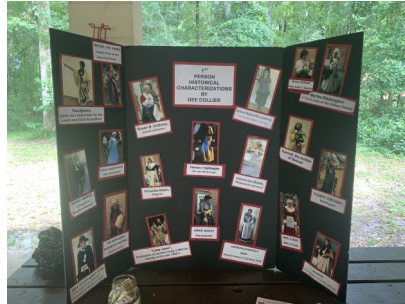
**The Lady's Horse:** "The beau ideal of this kind of horse is superlatively elegant in form, exquisitely fine in coat, and unexceptionably beautiful in colour; of a height, in the nicest degree appropriate to the figure of the rider; graceful, accurate, well-united, and thoroughly safe in every pace; 'light as a feather' in the hand, though not at all painfully sensitive to a proper action of the bit; bold in the extreme, yet superlatively docile; free, in every respect, from what is technically denominated 'vice;' excellent in temper, but still 'though gentle, yet not dull;' rarely, if ever requiring the stimulus of the whip, yet submitting temperately to its occasional suggestions."

Pat Van Nostrand



## **June 25th - Making History Come Alive**

Dee Collier presented the character Lizzy Jane a compilation of women living in the late 1800's in Marion County following the Second Seminole War. She taught us about the pioneer spirit prevalent at this time with cow hunters (hence the term "cracker"), the history of the downtown Ocala fire of 1883, and those who faced the economic boom and bust, just as well as everyday life. It was as entertaining as it was educational. She was fantastic and we are all looking forward to her next presentation. If you missed this one, you will not want to miss the next one!



## **June 30th - Trivia Night**

We had a lot of fun and will look to having Trivia again in the future. We had three teams with Frenchie as the emcee and she did a great job! The teams were the Sophmoronics (picture with the Jim's); the Never Benders (picture with Mark, Ron and Holly) and the Patriots (picture with Karen and Ian). There were 20 questions that the teams had to answer. Neighbors gathered together to have some fun and share their knowledge of Trivia. Fun was had by all!! Sophmoronics took 1<sup>st</sup>, the Patriots took 2<sup>nd</sup>, and the Never Benders placed 3<sup>rd</sup>.




If you would like to schedule an event in Friendship Park, please contact and coordinate with our Activities Chairpersons, Kim Cooper [kandmcooper@comcast.net](mailto:kandmcooper@comcast.net) or Carol English [caenglish55@gmail.com](mailto:caenglish55@gmail.com).

# ADVERTISEMENTS

Page 6


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Ad Size	Member Rate	Non-member Rate	6-month Rate (Member)	6-month Rate (Non-member)
Business card	\$10/ month	\$15/ month	\$50	\$75
1/4 page	\$20/ month	\$30/ month	\$100	\$150
1/2 page	\$30/ month	\$45/ month	\$150	\$225
Full page	\$70/ month	\$80/ month	\$350	\$400

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They're supporting us.**

## Further Afield

Please forgive me if I “B.R.A.G.” a little. This month’s Out & About takes us a little further afield than most. Over the years, I have endeavored to write about places to go and things to do within Florida or even closer yet, North Central Florida. This month, we (Dave Kane and I) take you to South Georgia for the Big B.R.A.G. – the Bicycle Ride Across Georgia.

I assume that most of you are aware that both Dave and I are avid cyclists. You may have even seen us riding around MWF on a regular basis. This year, we decided to raise our game a bit and signed up for B.R.A.G. This ride is one of several week-long, cross-state rides that are held each year. Having been a serious cyclist much longer than Dave, I’ve done CNC Mountains to the Shore (the 500 mile ride across North Carolina) in 2012, Ft. Myers to Key West (a 3 day, 280 mile ride across South Florida) in 2014 and RAGBRAI (the 500 mile ride across Iowa) in 2015. Yep, that’s a lot of miles.

CNC, RAGBRAI, and B.R.A.G. change their routes every year. The organizers spend countless hours selecting routes through the small towns that characterize the nature and culture of their state. And that, my friends, is the best reason to do any of them.

This year, B.R.A.G. started on Sunday along the Chattahoochee River in Columbus, stopped overnight in Thomaston, Perry, Dublin, Hazlehurst, and Jesup, and finished in Brunswick on Saturday. The ride was *only* 370 miles but featured plenty of relatively steep climbs in the first two days and the flat roads typical of the coastal areas on the final days.

Along the way, we visited peach farms, a peach processing plant with the best peach ice cream you’ll ever eat, a bamboo farm, a winery, a cattle farm, and multiple other interesting stops along the way. Our rest stop in Baxley featured the local blue grass band who shared their time and talent to entertain the roughly 600 riders.

Each town offered entertainment and lots of local restaurants to try. As you might suspect, we avoided any chain restaurants simply to enjoy the local culture. We met a lot of wonderful fellow riders and even one dude who did the entire route on roller blades. I’m not suggesting that you need to tour a state on roller blades or a bicycle. What I am suggesting is that there are a lot of things to see and do on the backroads of this beautiful country of ours. Any means of transportation will do, if only you’re willing to get Out & About and enjoy! Give it a try. You’ll be glad you did.

Jim Bain



[mwfpoa.com](http://mwfpoa.com)

*Photos always look  
better in our online  
edition..*

MEADOW WOOD FARMS  
PROPERTY OWNERS ASSOC.  
P.O. BOX 77-1896  
OCALA, FL 34477-1896



## **\*\*REMINDER\*\***

**PLEASE RESPECT OUR  
SPEED LIMIT FOR THE  
SAFETY OF PEDESTRIANS  
AND ANIMALS OF ALL SIZES**



*Thank  
You*